## Save Lives with Sepsis Alliance

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## Just your normal guy that went through a traumatic ICU experience

- May 26<sup>th</sup> knee replacement
- May 28th Transferred to UK Hospital ICU with lungs bleeding in respitory failure and then intubated on a ventilator
- May 28<sup>th</sup> to June 5<sup>th</sup> Roller Coaster would I live or die
- June 5<sup>th</sup> Stopped breathing, Vent tube was stopped up with blood
- June 8<sup>th</sup> Trach was added
- June 17<sup>th</sup> First memory of nurse putting in a new feeding tube
- June 17<sup>th</sup> through June 20 in and out of intubation'
- June 20 looked up at my wife with tears in my eyes and said let me die.
- May 28 through June 20 Delirium (Bad Dreams)
- June 22<sup>nd</sup> Chest tube was added due to collapsed lung.
- June 25<sup>th</sup> they brought a cup of water and sponge and I asked could they add some watermelon juice to it. That night a nurse brought me 4 pieces of watermelon and let me taste the juice, Special moments
- June 30<sup>th</sup> Released to Select Hospital for rehabilitation. The gentleman to the far left in the picture gave me a fist bump as they rolled me out and said hang in there, Never forget
- July 15<sup>th</sup> Released to Cardinal Hill Hospital for more rehabilitation
- July 22<sup>nd</sup> Released to go home
- Some 6 years later I still have lingering health issues such as PTSD, depression, PICS, PSS, anxiety, muscle weakness, neuropathy and cognitive issues. I also have a scarred lung and damaged kidney. And the lady to the right was my critical care doctor and to this day I call her my angel. God sent her to save my life and wife knew the moment she walked through the door. My wife has been my saving grace and give her all the credit for making the right calls. She has been there for me through all my difficult times after.









Sepsis Advocacy Accomplishments







- Created a website <u>www.ez-caregiver.com</u>
- Sepsis and ARDS Advocate by giving presentations all over country.
- Volunteer at UK hospital in ICU to support patients and families and on a panel advisory committee at UK Hospital
- Got Sepsis resolution adopted for Kentucky making September sepsis awareness month
- Named International ICU Hero award Feb. 2019
- Named the Sepsis Erin K. Flatley Spirit Award Winner September 2019
- Working with Kentucky Legislature on adopting a bill for mandated sepsis protocols in all hospitals in Kentucky. Already have first draft.